



Email to: teachertraining@pure-yoga.com

Fax to: +(8862) 8772 - 5999

Attn: Rachel Chang

**PREPARING TO TEACH – THE FOUNDATION
2009 TAIPEI TEACHER TRAINING PROGRAMME
APPLICATION FORM**

Fields marked * are required.

Name:*

Age:

Phone:*

Email:*

Confirm Email:*

Address:*

Occupation:

Pure Card No. (if applicable):

Your Yoga Experience

1. How did you hear about our training?*

Pure Yoga Website
Other Website

In-studio poster
Pure e-Flyer/ e-Newsletter
Pure Staff
Friends / Family Referral
Others

2. How many years have you been practising yoga?*

3. What is the primary style of Hatha yoga that you practise?*

4. What other styles of yoga have you practised?*

5. How often do you practise?*

Daily
Every other day
Weekly

6. Do you mainly...?*

Attend class
Practice alone

7. Who have been your main yoga teachers?*

8. This course will be physically, mentally and emotionally demanding. Have you ever participated in a programme of this nature before? If so, please explain:

9. Why do you want to teach yoga? Or, if you have no plans to teach yoga, why do you want to take this programme? (250 words)*

10. Do you have any injuries?*

Yes
No

11. Additional comments:

By submitting your application to this teacher training programme, you automatically agree to the following Terms and Conditions below:

1. Your Physical Condition and Safety

1. You understand that it is your responsibility to consult a physician regarding your ability to participate in the physical activities involved in the "The Foundation" and/or "Preparing to Teach" (the "Courses") and that participating in the physical activities undertaken on the Courses at Pure* and use of the Pure Facilities** imposes physical demands upon you, and in particular you understand that the intensive nature of the yoga instruction provided on the Courses, particularly in respect of hot yoga, will impose extra physical demands on you over and above those which you would experience, in a less intensive yoga practice session, or at cooler temperatures, and in lower humidity when engaging in any or comparable exercise.



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2. You shall not use any of the Pure Facilities or participate in any of the physical activities on the Courses whilst suffering from any infections or contagious illness, disease or other ailment including but not limited to open cuts, abrasions, open sores or minor infections, where there is any risk that such use or participation in such condition may be detrimental to the health, safety, comfort or physical condition of other participants in the courses; you will bring any such matters to the attention of staff of Pure if in any doubt.

3. If you are pregnant, under medication and/or suffering from or having suffered from any medical disability you are strongly advised to seek the advice of a qualified medical practitioner before commencing any of the physical activities available on the Courses or using any of the Pure Facilities.

4. No person who is under the influence of drugs or of alcohol is permitted on the Courses or to use the Pure Facilities or take part in any physical activities in the premises of Pure.\

5. You acknowledge and voluntarily assume (i) your responsibility to assess your level of fitness and general health (including where appropriate consulting my physician or doctor) and (ii) the risks of serious injury that are associated with physical activity of any kind including any variety of yoga, meditation and breath work practice and participation in yoga related activities or activities related to the Programme (collectively the "Activities") including those off studio or Pure Facilities premises. You confirm that you shall retain all control and direction over your Activities at all times. You voluntarily assume full liability and accept the risk of harm, including physical injury and discomfort as a result of my participation in the various Activities in Programme.

2. Limitation of Liability

1. You hereby acknowledge that you are aware that in participating in the physical activities available on the Courses at Pure, and in using the Pure Facilities there is the risk or possibility of injury.

2. To the fullest extent permitted by applicable law, Pure, its related corporations and their respective servants, agents, employees and officers (collectively referred to in this Clause 2 as the "Pure Entities") shall not be liable for any loss or damage to property or in respect of any bodily injuries, illness or death of you, howsoever caused, aggravated or incurred arising out of or in any way connected with your participation in the Courses and your use of the Pure Facilities and other services.

3. You hereby acknowledge that you understand and voluntarily accept the risks of injury involved in your participation in the Courses and your use of Pure Facilities. To the fullest extent permitted by applicable laws, you hereby agree the Pure Entities shall not be liable in contract, tort (including without limitation negligence), pre-contract or other representations or otherwise out of or in connection with your participation in Courses and/or usage of the Pure Facilities, for any claims, demands, damages, economic loss (including without limitation, loss of revenues, profits, contracts, business or anticipated savings), loss of good will or reputation, or special or indirect consequential losses in any case. You further agree not to hold the Pure Entities liable for any willful act or omission, default, fraud or negligence of any other person or guest or third party within Pure operated facilities.

1. You hereby agree to defend, fully indemnify on demand and hold harmless the Pure Entities from and against all liabilities, claims, expenses, damages and losses including legal fees (on an indemnity basis) which the Pure Entities may suffer arising from any breach of these terms and conditions by you, or in connection with any act, omission, default, negligence or conduct of you in connection with any other liabilities arising out of you of the Pure Facilities or any services under this Agreement. This obligation to indemnify Pure shall survive the termination of the Agreement.

3. Privacy Policy

Pure operates a privacy policy, full details of which can be obtained from its websites at www.pure-yoga.com and www.pure-fit.com, you are under no obligation to provide any personal data, however, so that Pure is able to provide you with its services and products, the minimum information we need is your name, telephone number, email address, postal address and identity card number.

4. Photo Release

I hereby understand that photos and video may be taken of the Pure Yoga Teacher Training Program and may be used for the production of related promotional materials for Pure Yoga.

Remarks:

**References to Pure include where appropriate references to the Pure Group which comprises Pure International (HK) Limited, Pure Yoga (HK) Limited, Pure Yoga (Causeway Bay) Limited, Pure Yoga (Kowloon) Limited, Pure Yoga (LP) Limited, Pure Fitness (Hong Kong) Limited, Pure Fitness (Central) Limited, Pure Yoga (Taipei) Ltd Taipei branch*
***Pure Facilities refers to both the studios and any equipment used by you for yoga at Pure during the Course period.*