

Pure Yoga Peninsula Office Tower
12th Anniversary Class Schedule
Saturday, 11 March 2017

Time	Classes				
9:00am					9:00-10:00
9:15am	9:15-10:45 Happy Birthday Hatha 2 Party Shiva (90 mins)				Sunshine Sweat Time
9:30am					Samantha (60 mins)
9:45am					
10:00am					
10:15am					
10:30am					
10:45am					
11:00am	12th Anniversary Party				
to	108 Sun Salutations with All TST Teachers				
1:30pm	Party with cake, nibbles & lucky draw!				
1:45pm					
2:00pm	14:00-15:30 Sivananda Classic Gopal (90mins)	A New Mum & a New You Prenatal Yoga Shalina (75 mins)			
2:15pm					
2:30pm					14:30-15:30
2:45pm					Renew Slow Hot Flow
3:00pm					Natalie
3:15pm					(60 mins)
3:30pm					
3:45pm	15:45-17:00 Yin Spa Natalie (75 mins)				
4:00pm				14:30-15:30	
4:15pm				Renew Slow Hot Flow	
4:30pm				Natalie	
4:45pm				(60 mins)	
5:00pm					
5:15pm	16:30-17:45 Feather Yoga (All About Pincha Mayurasana) Helene (75 mins)				
5:30pm					
5:45pm					
6:00pm	17:45-18:45 Twilight Hatha Dale (60 mins)				
6:15pm					
6:30pm					
6:45pm					
7:00pm					
	Level 1	Mixed Level	Intermediate	Therapeutic	Hot Class